



# Transition Takes a Team

Moving from High School to College



Artwork by Rohan Srinivasan

# Learning Objectives

By the end of this panel presentation, attendees will be able to:

- Identify at least three differences between K-12 and Higher Ed
- Name three considerations when choosing a post-high school pathway
- List three actions that will help a new student through the transition process
- List common barriers new students may experience in the college setting



# Differences Between High School and College

*Ro's Tree of Joy* by Rohan Srinivasan



QUESTION: What are some of the differences I can expect when I leave high school and begin attending college or university?

- You may not receive the same accommodations in college that you received in high school
- There will be a shift from others taking care of students' needs to student articulating their disability and driving the accommodation process
- Accommodations and processes will vary from college to college, but the interactive process is central to our work



# How to Choose the Best Institutional Fit

*Morning Cuppa!* by Rohan Srinivasan



QUESTION: What should students consider when they are making their post-high school plan?

- Academic and Independence Readiness
- Career Goals and Cost/Benefit Analysis
- Location/Setting
- Residential/Commuter
- Institutional Size
- Programs and Co-curricular Offerings



# Traits of a Successful College Student

*Color Galaxy* by Rohan Srinivasan





QUESTION: What are some of the traits and behaviors successful students possess and practice?

- Motivation
- Preparation
- Self-Advocacy
- Curiosity
- Growth Mindset
- Resilience



# Typical Barriers Experienced by New College Students

*Ro's Tree of Joy* by Rohan Srinivasan



What are some of the common barriers or difficulties a new student with disabilities might be challenged by when they begin college?

- All students face barriers when they start college: money, bureaucracy, systems, new language
  - Resources: Disability Services,
- SWDs experience unique barriers: ableism, inaccessible campuses, inaccessible documents, old ways of thinking
  - Resources: Disability Services, Diversity Office
- Internal barriers: negative self-talk, impostership, fixed mindset
  - Counseling Services, Student Union



# Takeaways

- Give your post-high school plan intentional thought and research all options
- If you use accommodations, make sure you connect with Disability Services and ask your questions!
- Make sure accommodations are requested early and every quarter
- Be your own advocate – and stay curious about your accommodation plan